

WINTER CAMPING GEAR

10+ Essentials

- Map
- Compass
- Flashlight/headlamp
- Sunglasses/goggles
- Extra food and water
- Waterproof matches
- Fire starter
- Pocket knife
- First aid kit
- Signaling device
- Sunscreen and chap stick
- Toilet paper
- Emergency blanket
- Large plastic bag/emergency shelter

Personal gear

- Sleeping bag (rated for sub-freezing temps)
- Sleeping pad
- Backpack with rain cover
- Stuff bags - sufficient to organize and pack all of
- 2 - one liter water bottles (insulate if possible)
- Snow shoes
- Ski poles (adjustable if possible)
- Bowl
- Spoon
- Cup
- Insulated seating pad

Assorted

- Medications (if required)
- Extra batteries for headlamp
- Chemical hand warmers
- Toiletries
 - Toothbrush/paste
 - Bio-soap
 - Towel
 - Comb

Clothing

Wicking layer

- Synthetic underwear
- Synthetic long underwear bottoms
- Synthetic long underwear shirt
- 2 pair liner socks

Insulating layer

- 2 pair heavy wool socks
- Fleece pants
- Fleece jacket or down jacket
- Balaclava or wool stocking cap
- Light polypro gloves
- Mid-weight gloves

Outer layer

- Light nylon zip-off pants (windproofs over fleece)
- Rain jacket with hood
- Rain pants
- Overmitts
- Gaiters (required)
- Boots
 - Hiking boots (fresh waterproofing)
 - Insulated snow boots

Tent mate gear

- Tent/rain fly/ground cloth/stakes/poles w/water proof bag
- Sponge - soak up melting snow and drips in the tent
- Small broom - brush snow off people and gear before entering tent
- Stove with wind screen - liquid fuel preferred
- Stove platform
- Pot and gripper
- Water purifying tablets
- Food - 4000 to 6000 calories per day - freeze dried for dinner - no frying
- Snow saw
- Snow shovel
- Marker flags